

## LONGCLIFFE GOLF CLUB – SUPPORTING WOMEN TO GIVE GOLF A GO

Golf is great ... for fitness and mental wellbeing ... for friendship and networking .. for getting you outside and into nature ... as a shared hobby with your partner, and most of the time, it's just good fun!

Women are underrepresented in Golf and we want to change that! Give golf a go and meet some of our friendly ladies by joining our pathway to golf programme.

**Get started today by signing up to our beginners' course - email [manager@longcliffegolf.co.uk](mailto:manager@longcliffegolf.co.uk)**



## LONGCLIFFE'S PATHWAY TO GOLF PROGRAMME FOR WOMEN

### 1. GETTING STARTED: BEGINNERS' COACHING – 6-WEEK COURSE

**This course is aimed at absolute beginners and will cover all the basics to get you started on your golf journey.**

**When:** Starts on Sunday 12 June, 2-3 pm

**Where:** On the golf club range and practice area

**How much:** £60 for six one-hour group sessions with Longcliffe Golf Pro, David Mee

Other information:

- Meet other ladies looking to get started
- Supported by Longcliffe mentors from ladies' section
- Access to the WhatsApp group (with others on course and mentors)

### 2: GOLF ESSENTIALS: 4-WEEK FOLLOW ON COURSE

**This course is suitable for those who've completed our 6-week beginners' lesson or for women who've had lessons in the past and know the basics of the game/swing.**

**When:** July-August, Sunday afternoons, 2-4 pm

**What:** One hour of golf followed by refreshments in the clubhouse

**Where:** On the golf club range and practice area

**How much:** £40 or £12 per session

Our practice and social events programme:

- Pasta and Putting: Putting tips from golf pro followed by bowl of pasta
- Fish and Chipping: Chipping tips from golf pro followed by fish and chips
- Burger and Bunkers: Bunker tips from golf pro, followed by burger
- 3-hole challenge, teams of 4 including two Longcliffe mentors, includes prizes and light supper

Other information:

- All above supported by a golf pro and/or Longcliffe mentors.
- Continued access to the WhatsApp group (others on course and mentors)

### 3: GIVE GOLF A GO: TRIAL MEMBERSHIP

**The final stage in our programme is a two-month trial membership. You'll need to undertake an on-course lesson with David prior to starting your trial membership. Here what's included:**

**When:** Eight weeks starting end August-October

**What:** Access to play on the course every day after 2 pm supported by a member/mentor; access to club social events including monthly Club night (food and quiz - £10-£15)

**How much:** £150

Other information:

- Matched with a club mentors/buddy
- Continued access to the WhatsApp group (trial members/mentors)
- Insights into women's social golf and competitions and introduction to golf rules and etiquette
- Copy of Golf Rules Quick Reference Guide
- On completion, chance to join women's section – no joining fee – and gaining a handicap with support of mentors

*Please note: You can only have one trial membership*